

Are you a seasoned coach looking to further your skills, or are you new to coaching? Either way, take your passion for coaching further and attend one of our coaches workshops.



| Course | Date | Time | Venue |
|---|----------|-----------|--|
| Emergency Aid Code EA1 | 09/10/18 | 6pm - 9pm | The Arc, Clowne |
| Safeguarding and Protecting Young Children Code SPC1 | 06/11/18 | 6pm - 9pm | The Arc, Clowne |
| Coaching the Next Generation Code CNG1 | 04/12/18 | 6pm - 9pm | The PASS Centre, Pinxton (Practical workshop) |
| Emergency Aid Code EA2 | 05/02/19 | 6pm - 9pm | Tibshelf Sports Pavilion |
| Safeguarding and Protecting Young Children Code SPC2 | 05/03/19 | 6pm - 9pm | Tibshelf Sports Pavilion |
| How to Coach Fundamentals Code FUN1 | 11/03/19 | 1pm - 4pm | The PASS Centre, Pinxton (Practical workshop) |



We speak your language
Polish Mówimy Twoim językiem
Slovak Rozprávame Vaším jazykom
Chinese 我们会说你的语言

**If you require this publication in large print
or another format please call us on 01246 242424**

Workshop Description

Safeguarding and Protecting Children: A Guide for Sports People

You will be able to:

- Identify and recognise good coaching practice and the implications for your coaching.
- Explore your values and feelings in relation to child abuse, and recognise their potential impact on your response.
- Recognise and respond to possible signs of child abuse.
- Take appropriate action if concerns about a child arise.

Duration: 3 hours.

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Emergency Aid

This course is suitable for people aged 16+ who are involved in sporting activities and may need to give basic first aid.

Course Content

- Managing an incident
- AED Familiarisation
- Treatment of an unconscious casualty
- Resuscitation / CPR
- Shock
- Bleeding
- Sprains & Strains
- Head Injuries

Duration: 3 hours

Assessment:

Continuous assessment by the trainer.

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Coaching the Next Generation (5-12 years of age)

You will:

- Learn a mix of traditional and contemporary models of coaching based on the development of participants' technical, tactical,

physical, mental and social competencies.

- Take a detailed look at the holistic 'C' system of coaching to equip you with new tools to improve your soft and personal skills.
- Be introduced to the principles of Teaching Games for Understanding (TGfU), cognitive considerations for coaching 5-12 year olds and understanding the importance of child physiology.
- Learn fun and innovative practical techniques for keeping children engaged to blend with the pioneering academic theory.

Duration: 3 hours (includes a practical element so you will have the chance to put into practice what you learn)

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How to Coach Fundamentals

You will:

- Understand what fundamental movement skills are and why they are important.
- Understand the process of observing and correcting movement skill competency.
- Design and deliver warm-ups that promote movement skill development.
- Design and deliver body weight management training exercises that promote developmentally appropriate movement skill development.

Duration: 3 hours (includes a practical element so you will have the chance to put into practice)

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Booking Form

| | | | | |
|---|--|--|---------------|------|
| Contact details | | Your club | | |
| First name: | | Club name: | | |
| Last name: | | Sport: | | |
| Contact number: | | Age groups: | | |
| Address: | | Training times and venue: | | |
| | | Cost of workshop | | |
| | | £30 per candidate | | |
| Postcode: | | Email address: | | |
| Please enrol me on the following workshops: | | Date | No. of places | Cost |
| Code | | | | |
| Code | | | | |
| Code | | | | |
| Code | | | | |
| Ways to Pay By card over the phone 01246 242424 By card, cash or cheque at the Contact Centre By post (cheques only) made payable to: ‘Bolsover District Council’ and return to <i>Shane Turner</i> <i>Bolsover District Council</i> <i>The Arc, High Street</i> <i>Clowne, Derbyshire</i> <i>S43 4JY</i> | | Total | | |
| | | Code G181 9040 | | |
| | | For more information: 01246 242363 or email: enquiries@bolsover.gov.uk | | |



Using your personal information

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